



## 2019 Marathon Log Sheet



Name \_\_\_\_\_

Date \_\_\_\_\_

Signature \_\_\_\_\_

	Trail Segment	Completed Distance	Date	Your Initials	Remarks
1	FG: Overlook Trail (1.9 mi)				
2	FG: Glastowbury Trail (1.0 mi)				
3	FG: Yellow Canyon Trail (2.5 mi)				
4	FG: Red HGR Trail (3.0 mi)				
5	Soldier's Beach Trail (1.7 mi)				
6	Plantation Trail (3.6 mi)				
7	St Raphael Church Trail (1.0 mi)				
8	Garrison Park and Fourth Street (1.9 mi)				
9	CM State Park: ADA & Pioneer Short Trail (3.2 mi)				
10	Cumberland Trail: Black Mountain (2.0 mi)				
11	Cumberland Trail: Peavine-McGinnis Creek (4.4 mi)				
	<b>Your Completed Distance</b>				

**Notes:**

- 1) See Trail Descriptions for driving directions, parking, trailhead location, trail maps and other details.
- 2) Wear suitable footwear (hiking boots or shoes), clothing and bring plenty of water.
- 3) Use bug repellent against ticks and other insects.
- 4) **Half Marathon:** Complete any combination of trails that total 13.1 miles or more.
- 5) Questions? Contact [crossvilletrails@gmail.com](mailto:crossvilletrails@gmail.com)

**Submit completed Log Sheets**

- a) **Park Office:** Bring the Log Sheet to the Centennial Park Office on Industrial Boulevard anytime during regular office hours, before or after the Hit the Trails festival
- b) **Festival:** Bring it to the Marathon table at the Hit the Trails Festival on Saturday, October 5<sup>th</sup>.

**Note:** We are NOT accepting Log Sheets by email this year.