



2018 Marathon Log Sheet



Name _____

Date _____

Signature _____

	Trail Segment	Completed Distance	Date	Your Initials	Remarks
1	FG: Overlook Trail (1.9 mi)				
2	FG: Glastowbury Trail (1.0 mi)				
3	FG: Seven Bridges Trail (2.0 mi)				
4	FG: Stonehenge (3.0 mi)				
5	FG: Amherst Trail (2.0 mi)				
6	FG: Paved Central Trail (1.6 m)				
7	Soldier's Beach Trail (1.7 mi)				
8	Plantation Trail (2.8 mi)				
9	Woodlawn Loop (1.2 mi)				
10	St Raphael Church Trail (1.0 mi)				
11	Cumberland Trail: Black Mountain (2.0 mi)				
12	Cumberland Trail: Hebbertsburg, South (3.5 mi)				
13	CM State Park: Byrd Creek Trail (2.5 mi)				
	Your Completed Distance				

Notes:

- 1) See Trail Descriptions for driving directions, parking, trailhead location, trail maps and other details.
- 2) Wear suitable footwear (hiking boots or shoes), clothing and bring plenty of water.
- 3) Use bug repellent against ticks and other insects.
- 4) **Half Marathon:** Complete any combination of trails that total 13.1 miles or more.
- 5) Questions? Contact John Conrad john@time2meet.com or (978) 604-4968

Submit completed Log Sheets

- a) **By Email:** Take a picture of the Log Sheet and submit it by email to john@time2meet.com
- b) **Park Office:** Bring the Log Sheet to the Centennial Park Office on Industrial Boulevard anytime during regular office hours
- c) **Festival:** Bring it to the Marathon table at the Hit the Trails Festival on Saturday, October 6th.